### - RITUALS -

# **Wine Beauty Treatment**

A real Red Wine sensory journey for body and face care. Our grapes and their derivatives boast numerous antioxidant, detoxifying and toning properties, they promote microcirculation and counteract aging.

This *Local Wine* ritual begins with a grape skin scrub, followed by a massage with grape seed oil, and finally a facial treatment with grape-based products strictly sourced from local growers. 100 min.  $\epsilon$  175,00

# Chianti Fragrances Experience

Sensory experience based on local products.

Start wiht an Exfoliation, then a Body massage and a deep Facial treatment with Olive oil, Lavender and Rosemary.

100 min. € 175,00

### Face & Feet Haven

Relaxing, smoothing and nourishing ritual treatment based on linseed oil and vitamin F.

The perfect remedy to elasticize your face and the well-being of your feet, pampered with a scrub and a massage.

100 min. € 165,00

### - FACIAL TREATMENTS -

- Lifting Face Treatment 50 min. € 95,00 (reducing wrinkles and reviving the mature skin brightness)
- Purifying Face Treatment 50 min. € 80,00 (for all skin types. Immediate fresh and compact appearance)
- Nourishing Face treatment 50 min. € 85,00 (suitable for sensitive skin. It nourishes and reduces irritation)

#### **SHORT MASSAGES:**

Back Massage: 25 min. - € 60,00 Legs Massage: 25 min. - € 60,00

Customized according to the Guest requirements



## - BODY TREATMENTS -

## **Arnica Relief**

A real and genuine *Cuddle* for the shoulders, neck and face. Ideal for relaxing the muscles and relieving stiffness, also thanks to the decontracting properties of *Arnica-based products* used. 40 min. € 75,00

## **Exfoliant Ritual**

Exfoliation Procedure for the whole body followed by an enveloping massage with precious butters to smooth the skin, making it soft and hydrated. At your choice:

- Basil Body Ritual 70 min. € 110,00 (energetic and invigorating)
- White Grape Must Body Ritual 70 min. € 110,00 (delicate and suitable for the most sensitive skins)

# **Draining Treatment**

Begin with a Mustard, Arnica and Mint Wrap. Then followed by a Massage with slow movements to promote lymphatic circulation and drainage of liquids and toxins.

80 min. € 120,00



#### - MASSAGES -

### **Traditional Relaxing Body Massage**

You can choose between a gentle touch, "Swedish-style" to relax your muscles and stimulate blood circulation, and alternatively a "Deep Tissue", more vigorous and decontracting massage.

50 min. € 95,00 - 80 min, € 130,00

## **AromaTherapy Massage**

Manual skills aimed at promoting complete relaxation and psychophysical rebalancing thanks to the power of the Essentials Oils selected by You.

50 min. € 95,00 - 80 min. € 130,00

### Candle

A warm enveloping relax! Candles made with precious vegetable butter, melting give off a great ointment for massaging. Ideal for nourishing and hydrating the skin.

50 min. € 95,00

# Ayurvedic Massage Abhyanga

Indian Massage with warm medical oils descended from ancient "Knowledge of Life": *Ayurveda*. The target is to harmonize the "*Doshas*", (biological principles that make up every human being), and to eliminate "*Ama*", (the physical and mental toxins) to create a Positive Emotional Flow and elevate the Spirit.

It has a preventive action on degenative processes, as insomnia or depression, and improve the immune defense system.

80 min. € 135,00

## Hawaiian Massage "Lomi Lomi"

Also called "Soul Massage", based on the transmission of positive energy. It runs under ideal enveloping movements to fight stress and give peace of mind.

50 min. € 95,00

### **Hot Stone**

Massage with Lava Stones, dating back to an ancient art of the American Natives, exploits the heat released by the stones to loosen muscles tension.

50 min. € 90,00